

### Introduction /

Poetry is a medium in which artists can express emotions, images and thoughts with words. Since poetry uses fewer words than prose, each word must have its own potency and each word must be in exactly the right place. I think this is what makes poetry oftentimes more poignant and powerful than prose.

I think of poetry as a photograph and prose as a movie. In a photograph, you see only the image caught in the frame of the camera lens. You fill in all the gaps with memories and association of images. In a movie, your eyes and mind race along to follow the story line and rapid succession of new images. I find that it can be difficult to make personal connections with movies and prose. There are so many different people and places and ideas intertwined into them that the story can't be mine or even similar to mine because there are just too many details. Poetry, like a photograph, focuses on a subject so precise that I can usually find a way to relate it to something in my own experience.

Another great advantage to poetry is that there are limitless ways to write it. Just as there are innumerable forms of art, such as impressionism, cubism, pop art, and minimalist, to name a few, there are also many forms of poetry. In this book I explored some different forms of poetry. I inserted some of my artwork as well because I try to accomplish the same thing when writing poems as when painting: releasing an emotion in a way that is somewhat lucid to others.

"Poetry provides the one permissible way of saying one thing and meaning another."
--Robert Frost

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All paintings and photographs by Sylvia Bingham unless otherwise noted

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Connecticut.

## Chasing Fish

She stands in the river

Her jeans rolled up

Her hands stab into the water

The fish dart away.

#### Emilie

When I see you sitting on the curb hiding what you hate in green cargo pants and a baggy sweater

or

when I remember how you tormented me with a fictitious boyfriend, how you lampooned me for my skinny arms

now

when I see you
sitting fragile
slumped over in self-loathing
yet proud
and I look back to when
you were elected class clown
and we threw frisbees in the park
and caught goldfish together
and I look back
to when I wanted to be like you
you who always did things right

I think
it's not so different now
I want you to know
that I stand up
For you.
I stand up.

and

#### Tin Can

The sun heavy and hot on the backs of five children. A tin can transfigured by the summer rays becomes a rolling ball of summer games as the boys kick this new toy. Yells and laughter Yellow dust. The can, as luminous as the sun center of destiny's orbit, bounces to the shade under a tree and settles between two bags. Into the dark the children run; maybe someone left their groceries in the shade forgotten the taste of milk. The fastest grabs a plastic bag. It rips. And the noise-the whole world was splitting apart. And the fun The levity of this summer game torn away from the village square where five children now scream and moan. The tin can, torn to knives by the bomb, cut his cheek as it blew past. The fastest boy with nothing left of his childhood but a jagged wound.

Rocks, guns and bombs steal this land of its children. The Mideast Peace Summit Delayed Another Day Five More Children Lost.

### Babies

If the baby stares up at you
light bulbs reflected in his eyes
fascinated by your enormous nose
and smiles
widening his chubby cheeks,-if he grabs the hair
waved around your ear
and gurgles happily
clinging to your rough finger
with miniature versions of your own,-if the baby
sleeps
curled up like a roly-poly
dreaming in that secret language
you have long forgotten--

Who could say this isn't the prettiest baby in the world?



### on the Question of Race

They ask me to write down my race

and I think and I think very seriously

and consider writing down the truth and have my answer read

I have an old woman with soft white hair picking sea snails off slippery rocks.

I have the smell
of Boursin, Camembert, Roquefort
of cigarettes in the metro
the warm smell
of baking bread
The smell
of the South
like opening a jar of Italian Seasoning
stepping into the hot morning.
I am a perfume bottle
of Paris and Provence.

I have Salem, Connecticut catching turtles in the pond hockey at the age of five giraffe pasture.

I have a woman who has my name eating fresh vegetables harvested from a Victory Garden, making maple syrup. Crinkly gray hair, sipping black coffee, saccharin liquor burning in the throat.

I have Drumaquerne Ireland adobe house white powder walls, blisters on the hand from the garden hoe, sharp pews on Sunday thatched roof pricking towards the sky.

I am a zoo of animal cookies Different but all the same color. My cookies are of a pale skin

So I stop

And simply write down

White.



Picture taken in the Warsaw Ghetto by Charles G. Roland

#### This is Ghetto Life

Girl in the gray coat-like a passenger in the metro, unseeing and expressionless, you walk right past the man sprawled on the ground.

So serious—
the fuse of curiosity
blown out
by too many yells and threats
when you used to stop and stare.

Girl in the gray buttoned up coat-but for the way you grip your mother's hand,
but for your pointed hat,
I would have mistaken you
for a grown up,
living in your tiny body.

Ever since the SS came and put you in this ghetto death is a ubiquitous beggar an unpleasant sight best ignored although its stench clings like mucus to your nose.

Oh, little girl
in your black collared gray coat
you lost your childhood
when you burned your toys for warmth,
when you forgot the taste of cake,
and yet,
no matter how fast you grow up
you cannot abandon this body
which will betray you when they come
when they come to separate
the "useful" from the "useless,"
the parents from their children.

# first time, every time

I remember in that yellow bus on the brown seats sticking to my legs how he took my hand in his playfully, as if to try me out on that last day, and how I waited all summer for him to call.

I remember on a wooden dock the water was a black sequined coat and his hand rested in mine and then moved up and down my back like a chain of wooden beads cavorting inside of me.

I remember walking up wide marble steps to the balcony at the opera house and looking down at strings of moving red and white lights and pulsating yellow orbs lining the street. The night was so cold but with his presence wrapped around me, I felt like a freshly baked cookie.

Soft fingers and lips stick to my heart the first time every time he touches me. Feb. 5, 1996

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THE BOY WHO WANTED TO BE PRESIDENT"

Sempé

# The Boy Who Wanted To Be President

A narrow shop squeezed in between glassy modern buildings in New York City. "Music" the sign read but from the drums, cellos, violins and pianos jammed in the tiny space not a sound was heard. The music was only for those who could coax it out of the instruments like the last olive out of the jar coax it with nimble, knowing hands.

And so the boy,
who could make space stations and skyscrapers
with his legos,
but knew nothing about using his hands to play music,
stood on the sidewalk
looking through the glass
at a saxophone,
a golden swan
preening in the center of the window display.

And he thought, "If I saved up my lunch money to pay \$1,289 I could learn to play that thing. **Bill Clinton** plays jazz on late night television and if I learned to play my sax people would vote for me when I ran for President..." and his thoughts hurried along as fast as the rush hour commuters even as he walked along towards his school even as he sat in class doodling swans and white houses until the lunch bell rang and he scrambled into line exchanging his presidential dreams for some chocolate pudding.

# Salem, Connecticut

Everythingthe trees brown hands reaching to the sky, with lichen on their elbows, gnawed off for beaver dams, and the walks though the trees in the dark with no flashlight around the pond, and hockey pucks that fell through holes in the ice, and the kitchen where we nursed our cold hockey hands and feet watching chickadees pecking seeds from the feeder, and those immortal birds carefully placed on Christmas Tree branches in the living room, and a Debussy Iullaby ringing from the piano and the bedroom staring at yellowed wallpaper with rows of blue flowers,everything is home.



### Solitude

Four floors up.
A room
she sits
on the piano bench.

Fingers roll across faded keys.

Down on the street music goes unheard.